

How to ask for help?

The help of the CKB-team can only be requested through a referrer.

Associates from the 'Netwerk GGZ Kempen' can reach us directly through telephone.

Every other case worker or department should contact the enrolment-team (AMT) on the following number: 014 57 91 00

Cost price

The counselling of the CKB-team costs 11 euros per week. Persons who benefit from a reduced rate (omniostatute) pay 4 euros per week.

For a consultation with one of our psychiatrists you pay a contribution. This fee varies, depending on the service and your statute with the mutual health insurance company.

When can you reach the CKB-team?

Counselling and appointments are mostly scheduled. However, for urgent matters, our telephone service is available 24 hours a day, even on weekends.

Contact details

CKB-team Turnhout-Mol
Campus Blairon 477 - 2300 Turnhout
014 57 90 84
ckbturnhoutmol@ggzkempen.be

CKB-team Geel-Herentals
Dr. Sanodreef 4 - 2440 Geel
014 57 90 20
ckbgeelherentals@ggzkempen.be

www.ggzkempen.be

Complaints?

If you have any concerns or complaints, don't hesitate to talk to us. We want to offer a counselling that's beneficial for all parties.

You can reach the team coordinators on the general numbers for both teams (see contact details).

If you wish, you can rely on an external ombudsman, Ingrid Meuwis:
ingrid.meuwis@oogg.be
0494 30 48 33

CKB-TEAM

(Crisis- and short term treatment)

Information for clients, environment and case workers



For whom?

The CKB-team aims at people aged 18 and over, who find themselves in a crisis situation and are therefore at risk of having to be admitted to a psychiatric hospital or a PAAZ ward.

The purpose of this crisis counselling in your own environment is to prevent hospitalization, to end your admission early or to avoid relapse.

Together we will explore what support you need to remain in or return to your home environment.

We believe it is important to do this in collaboration with you and to work as much as possible with your family or others who are important to you. This can be family, doctors, GP's, other caregivers, friends,...

What to expect from CKB?

The CKB-team offers intensive support in your home environment in response to a crisis situation. We are able to visit you regularly for a period of approximately 6 weeks. The duration and intensity of this counselling will be determined individually.

- **Crisis intervention:**
This means getting to know the difficulties and needs. To reduce, to improve and to stabilize the difficulties. We will do this by focussing on strengths and the personal recovery process.
- **Short-term treatment:**
This means focusing on reducing the symptoms, monitoring your medication use, support in daily functioning, prevent relapse, providing education and follow-up care.
- **Support from your professional and home environment:**
We'll be working together to avert the crisis.

Who are we?

The CKB team consists of professionals with various qualifications: psychiatric nurses, social workers, psychologists, psychiatrists and a general practitioner.

We have 2 teams:

- **Team Geel - Herentals:**
(ELZ Middenkempen and Zuiderkempen)
- **Team Turnhout - Mol:**
(ELZ Kempenland and Baldemore)

Mol, Balen, Geel and Kasterlee are part of the mutual region where both teams are active

